

Common Ground BREAKFAST 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 2 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 3 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 4 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
May - 7 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 8 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 9 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 10 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 11 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
May - 14 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 15 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 16 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 17 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 18 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Common Ground
BREAKFASTmay
2018

May 3, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
May - 21 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 22 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 23 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 24 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 25 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
May - 28 MEMORIAL DAY	May - 29 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 30 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	May - 31 *CEREAL,VARIETY* MUFFINS, ASSORTED WHOLE WHEAT BAGEL YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* *ASSORTED FRUIT* CREAM CHEESE* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.