

Common Ground
LUNCH april
2018

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 EGG SALAD SANDWICH TUNA SALAD SANDWICH 2* SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CHIPS,BAKED LAYS *CARROT STICKS* *CELERY STICKS*	Apr - 3 *CHICK ON BUN* VEGGIE BURGER W/BUN SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CHIPS,BAKED LAYS	Apr - 4 TOFU DOG W/BUN *BEEF HOT DOG WITH BUN* BAKED BEANS (VEGETARIAN) SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CHIPS,BAKED LAYS	Apr - 5 *HAMBURGER ON A BUN VEGGIE BURGER W/BUN TASTY TOTS SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Apr - 6 *HAM & CHEESE SANDWICH* *HUMMUS WRAP* COLE SLAW SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
Apr - 9 NACHOS WITH GROUND BEEF NACHO CHEESE SAUCE SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* REFRIED BEANS	Apr - 10 *BAKED ZITI* SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CIABATTA ROLLS	Apr - 11 MAC & CHEESE MACARONI AND CHEESE/B* SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CIABATTA ROLLS	Apr - 12 CHILI CON CARNE W/ BEANS SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CIABATTA ROLLS SOUR CREAM FAT FREE RICE,Brown,cooked, Cooks SALSA NACHO CHEESE SAUCE	Apr - 13 NO SCHOOL
Apr - 16 NO SCHOOL	Apr - 17 NO SCHOOL	Apr - 18 NO SCHOOL	Apr - 19 NO SCHOOL	Apr - 20 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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LUNCH april 2018

Apr 1, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 23 *STEAK & CHEESE WRAPS *HUMMUS WRAP* SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Apr - 24 VEGGIE CHICKEN CAESAR SALAD GRILL CHICKEN CAESAR SAL SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Apr - 25 *HAM & CHEESE SANDWICH* *HUMMUS WRAP* SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CHIPS,BAKED LAYS	Apr - 26 MEAT LOAF LITE LENTIL MEATLOAF/VEGAN* SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* MASHED POTATOES*	Apr - 27 TUNA SALAD SANDWICH 2* EGG SALAD SANDWICH SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CHIPS,BAKED LAYS
Apr - 30 TURKEY AND DRESSING SUPREM OPEN FACE EGGPLANT SANDWIC SALAD BAR SALAD DRESSING MIXED GARDEN VEGGIES *ASSORTED FRUIT* MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CORN				

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