

Common Ground High School
002 - COMMON GROUND HS
LUNCH sept 2017

Aug 23, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 MEATBALL SUB* VEGGIE BURGER W/BUN *CHIPS,BAKED LAYS PARMESAN CHEESE SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS
Sep - 4 NO SCHOOL	Sep - 5 *BEEF HOT DOG WITH BUN* *HUMMUS WRAP* BAKED BEANS (VEGETARIAN) *CHIPS,BAKED LAYS MIXED GARDEN VEGGIES SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 6 WOWBUTTER & JELLY SANDWICH MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *BANANAS* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 7 *BLT W/CHEESE* VEGGIE PITA W/MOZZARELLA *CHIPS,BAKED LAYS MIXED GARDEN VEGGIES SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 8 *GRILLED CHEESE TOMATO SAND MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS

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Sep - 11 CHEESEBURGER VEGGIE BURGER W/BUN MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 12 TURKEY CLUB SANDWICH VEGGIE PITA W/MOZZARELLA MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 13 TUNA SALAD SANDWICH 2* EGG SALAD SANDWICH MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 14 *BUFFALO CHICKEN WRAPS* VEGGIE BUFFALO CHICKEN SALA MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 15 PEANUT BUTTER & JELLY* WOWBUTTER & JELLY SANDWICH *CHIPS,BAKED LAYS MIXED GARDEN VEGGIES SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS*
Sep - 18 *GRILLED CHEESE SANDWICH* MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS*	Sep - 19 SLOPPY JOE ON A BUN Vegetarian Sloppy Joes MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 20 *HAM FRITATTA VEGGIE FRITATTA MIXED GARDEN VEGGIES *CIABATTA ROLLS *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 21 *STEAK & CHEESE WRAPS *VEGETABLE WRAPS MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 22 SW TURKEY BURGERS VEGGIE BURGER W/BUN MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD,TOSSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS

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Sep - 25 PEANUT BUTTER & JELLY* WOWBUTTER & JELLY SANDWICH MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD, TOSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS*	Sep - 26 CHICKEN SALAD SAND. W/TARRA EGG SALAD SANDWICH MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD, TOSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 27 MEATBALL SUB* MEATLESS "MEATBALLS" SUB* MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD, TOSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 28 PULLED PORK SANDWICHES* PULLED "VEGGIE" BBQ MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD, TOSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS	Sep - 29 PASTRAMI ON RYE VEGGIE PITA W/MOZZARELLA MIXED GARDEN VEGGIES *CHIPS,BAKED LAYS SALAD, TOSSED SALAD DRESSING MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *ASSORTED FRUIT* *CARROT STICKS* *CELERY STICKS* *CONDIMENTS

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