

Common Ground High School
002 - COMMON GROUND HS
BREAKFAST SEPT 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 4 NO SCHOOL	Sep - 5 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 6 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 7 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 1 Sep - 8 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
Sep - 11 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 12 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 13 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 14 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 15 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
Sep - 18 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 19 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 20 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 21 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Sep - 22 *CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Common Ground High School
002 - COMMON GROUND HS
BREAKFAST SEPT 2017

Aug 23, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 25	Sep - 26	Sep - 27	Sep - 28	Sep - 29
CEREAL,VARIETY MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	*CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	*CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	*CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	*CEREAL,VARIETY* MUFFINS, ASSORTED *ASSORTED FRUIT* YOGURT,ASSORTED,4 OZ* JUICE, VARIETY 8 OZ* MILK 1 % WHITE* MILK, FAT FREE* LACTAID*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.