

# Common Ground

## LUNCH MARCH

### 2017

Feb 28, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Mar - 1 LACTAID* *GREEN BEANS SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES CHICKEN ALFREDO WITH A TWIST MILK 1 % WHITE* MILK, FAT FREE* *CIABATTA ROLLS	Mar - 2 BARBECUED CHICKEN PULLED "VEGGIE" BBQ SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CIABATTA ROLLS	Mar - 3 MEATBALL SUB* MEATLESS "MEATBALLS" SUB* FISH STICKS SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
Mar - 6 *GRILLED CHEESE SANDWICH* SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 7 SW TURKEY BURGERS VEGETARIAN SPRING ROLLS SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 8 CHICKEN PARM SANDWICH VEGGIE BURGER W/BUN SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 9 PULLED PORK SANDWICHES* PULLED TURKEY SANDWICHES PULLED "VEGGIE" BBQ SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CIABATTA ROLLS	Mar - 10 *FISH CAKES VEGETABLE WRAPS SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CHIPS,BAKED LAYS
Mar - 13 SAUSAGE AND PEPPER SUB* *HUMMUS WRAP* SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 14 CHICKEN ENCHILADAS *BLACK BEAN QUESADILLA* RICE,Brown,cooked, Cooks SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 15 SLOPPY JOE ON A BUN SLOPPY VEGGIE JOES SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 16 *STEW CHICKEN HARVEST HAM & CHEESE BRUNCH SQUARE *EGG & CHEESE OMELETTE* SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 17 FISH STICKS EGG SALAD SANDWICH SALAD,TOSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Mar - 20  TUNA SALAD SANDWICH 2* *BLACK EYE PATTY BY THEA* *CHIPS,BAKED LAYS SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 21  CHEESEBURGER VEGGIE BURGER W/BUN SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 22  SPANISH RICE SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *CIABATTA ROLLS	Mar - 23  BAKED CHICKEN VEGGIE CANNELLINI BURGERS PESTO PASTA SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 24  POT LUCK SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*
Mar - 27  TURKEY CLUB SANDWICH VEGETABLE WRAPS SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 28  BARBECUED BEEF ON A ROLL VEGGIE BURGER W/BUN SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 29  HOT DOG ON A BUN/TURKEY* *GRILLED CHEESE TOMATO SAND BASIL PESTO SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID*	Mar - 30  SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID* BEEF STEW QUINOA STUFFED PEPPERS *CABBAGE SAUTE* *CARROTS POTATOES,MASHED (Pearls)	Mar - 31  SALAD,TOSSSED *ASSORTED FRUIT* *SOUP VEGGIE GUMBO MIXED GARDEN VEGGIES MILK 1 % WHITE* MILK, FAT FREE* LACTAID* *HAM & CHEESE SANDWICH* FISH STICKS

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